

Race Date  
July 20, 2024

Escape to Belle Isle  
Age Group Results

**5K**

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Garza	Dearborn MI	29	717	1	16:57.9	5:28/M

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathryn MacEy	Royal Oak MI	17	819	8	25:10.9	8:04/M

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#### Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Canon Adelman	Troy MI	7	827	64	36:17.1	11:42/M

#### Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Owen Burrows	West Bloomfield MI	12	799	7	24:05.8	7:46/M
2	Joseph McInnis	Livonia MI	14	753	74	38:30.9	12:25/M

#### Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emma Zalobsky	Royal Oak MI	13	713	69	37:31.8	12:06/M
2	Zoe Welshons	Troy MI	12	826	123	54:00.1	17:25/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon Blandino	Plymouth MI	18	829	2	17:09.0	5:32/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth Mattoon	Allen Park MI	19	751	23	30:00.4	9:41/M

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Noah Blandino	Plymouth MI	21	830	4	19:23.7	6:15/M
2	Yassin Muhammed-Jeffries	Dearborn Heights MI	24	843	14	27:20.7	8:49/M
3	Evan Cardasis	Northville MI	23	835	49	33:58.6	10:58/M

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sydney Cunningham	Canton MI	20	810	37	32:12.3	10:23/M
2	Marilyn Williams	Detroit MI	23	853	56	34:50.6	11:14/M
3	Kerry Pernick	Madison Heights MI	22	715	80	39:40.8	12:48/M

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Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Violet Resh	Rochester MI	22	714	81	39:41.2	12:48/M
5	Evelyn Fooks	Harper Woods MI	20	844	102	46:47.2	15:06/M
6	Miranda Nicholas	Clinton Township MI	21	845	103	46:47.4	15:06/M
7	Ella Easterwood	Birmingham MI	21	781	104	47:05.4	15:11/M
8	Jordyn Gilbert	Carleton MI	24	842	136	1:00:11.9	19:25/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Caleb Duchan	Detroit MI	26	718	9	26:06.2	8:25/M
2	Connor Dehring	Pontiac MI	27	837	19	28:31.8	9:12/M
3	Jon Cardasis	Royal Oak MI	28	834	33	31:38.6	10:12/M
4	Robert Wykowski Jr	Utica MI	25	802	78	39:26.5	12:43/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Moreno	Taylor MI	28	820	34	31:39.0	10:13/M
2	Madison Tilley	Novi MI	28	823	51	34:22.9	11:05/M
3	Marisa Connell	Warren MI	27	778	54	34:47.5	11:13/M
4	Jodie Bosheers	Detroit MI	28	817	63	35:54.2	11:35/M
5	Maryn Burrell	Pontiac MI	25	838	85	41:08.2	13:16/M
6	Taylor Vanmaele	Macomb MI	28	738	116	52:09.8	16:50/M
7	Jenna Kamp	Lake Orion MI	27	739	117	52:11.4	16:50/M
8	Amber Courter	Lansing MI	29	743	124	57:14.8	18:28/M
9	Samantha McDonald	Utica MI	26	851	132	58:26.3	18:51/M
10	Aliyah Gilbert	Carleton MI	25	840	135	59:36.0	19:14/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ernest Holly	Detroit MI	33	859	3	18:57.5	6:07/M
2	Stefan Krstovic	Ann Arbor MI	34	748	10	26:06.7	8:25/M
3	Doug Marvin	Troy MI	31	723	13	27:06.8	8:45/M
4	Perrin Hawver	Ypsilanti MI	31	728	16	28:16.2	9:07/M
5	Justin Marvin	Romeo MI	31	708	18	28:30.6	9:12/M
6	Matt Ranck	Saint Clair Shores MI	33	759	29	30:24.0	9:48/M
7	Eric Bischer	Clarkston MI	33	731	45	33:22.7	10:46/M
8	Jacob Duchan	Huntington Woods MI	31	703	46	33:39.0	10:51/M

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#### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Daniel Lewis	Sterling Heights MI	30	848	98	45:13.8	14:35/M
10	Tom Larouere	Novi MI	32	795	144	1:05:59.8	21:17/M

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meghan Clancy	Grosse Pointe MI	30	846	24	30:08.8	9:44/M
2	Elizabeth Davidson	Ferndale MI	34	801	26	30:17.7	9:46/M
3	Liz Nowak	Saint Clair Shores MI	30	758	31	30:56.7	9:59/M
4	Megan Heck	Riverview MI	30	821	41	32:39.3	10:32/M
5	Alexandra Free	Detroit MI	30	863	50	34:21.8	11:05/M
6	Alejandra Hernandez	Detroit MI	32	855	57	34:59.4	11:17/M
7	Leandri Beavis	Waterford MI	31	786	83	40:05.6	12:56/M
8	Emily Rooney	Fraser MI	30	716	84	40:57.2	13:13/M
9	Danielle Miller	Detroit MI	34	733	89	42:16.9	13:38/M
10	Andrea Garrett	Redford MI	31	849	99	45:14.3	14:36/M
11	Erin Elliot	Detroit MI	30	839	101	45:47.3	14:46/M
12	Cortney Stephens	Oakland CA	30	836	108	47:57.4	15:28/M
13	Kieran Sutton	Livonia MI	33	757	131	58:24.6	18:51/M
14	Emily Powell	Sterling Heights MI	30	765	133	58:57.3	19:01/M
15	Abigail Hathaway	Brighton MI	31	766	134	58:58.5	19:01/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Hill	Detroit MI	35	815	20	28:48.2	9:18/M
2	Brandon Ward	Detroit MI	36	864	39	32:22.6	10:27/M
3	Jeremy Cook	Taylor MI	35	854	44	32:59.0	10:38/M
4	Tyler Phillips	Ann Arbor MI	35	702	58	35:12.6	11:21/M
5	Dick Norman	Petoskey MI	38	861	100	45:28.4	14:40/M
6	Justin Ibe	Auburn Hills MI	38	852	129	57:36.7	18:35/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachael Emmendorfer	Clawson MI	37	729	30	30:36.0	9:52/M
2	Melissa Elliott	Metamora MI	37	770	40	32:38.9	10:32/M
3	Jessica Pringle	Macomb MI	37	730	65	37:02.1	11:57/M
4	Michelle Opong-Owusu	Novi MI	39	763	66	37:25.6	12:04/M

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#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Ashley Wykowski	Ferndale MI	36	792	77	38:57.0	12:34/M
6	Jessica Schubert	Ann Arbor MI	36	701	91	42:37.5	13:45/M
7	Molly Finstad	Lansing MI	39	744	125	57:15.5	18:28/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonas Parker	Northville MI	43	725	5	21:40.9	7:00/M
2	Tom Fain	Royal Oak MI	44	824	11	26:56.5	8:41/M
3	Matthew Billings	Ypsilanti MI	42	857	21	28:57.6	9:21/M
4	Joshua Pebley	Howell MI	43	862	25	30:14.4	9:45/M
5	Ronald Gardner	Warren MI	44	776	36	32:00.2	10:19/M
6	Patrick O'Connor	Detroit MI	41	754	43	32:58.5	10:38/M
7	Barima Opong-Owusu	Novi MI	40	764	67	37:26.2	12:05/M
8	Nathan Duff	Oxford MI	43	791	96	45:07.0	14:33/M

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa Brockington	Rochester MI	43	814	86	41:36.1	13:25/M
2	Constance Tornow	Waterford MI	40	813	87	41:36.7	13:25/M
3	Jessica Krug	Detroit MI	41	772	94	42:54.1	13:50/M
4	Ralena Baig	Farmington MI	44	726	113	51:48.8	16:43/M
5	Meaghan McCollow	Ferndale MI	42	756	119	53:18.1	17:12/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rich Shea	Dexter MI	49	785	32	31:26.5	10:09/M
2	Brian Ramsey	Warren MI	48	775	47	33:42.5	10:52/M
3	Marc Bochenek	Birmingham MI	49	782	62	35:50.6	11:34/M
4	Adeel Baig	Farmington MI	46	727	114	51:49.6	16:43/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grace Dersa	Franklin MI	48	1528	35	31:39.5	10:13/M
2	Marcy Girard	Novi MI	48	828	52	34:28.6	11:07/M

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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Shannon Bochenek	Birmingham MI	47	783	61	35:50.0	11:34/M
4	Stacy Coogan	Allen Park MI	48	803	70	37:50.5	12:12/M
5	Kelly McInnis	Livonia MI	48	752	75	38:31.3	12:26/M
6	Nicole Singleton	Southfield MI	48	804	92	42:47.8	13:48/M
7	Regina Clark	Grosse Pointe MI	45	798	93	42:53.5	13:50/M
8	Janelle Van Dusen	Troy MI	45	825	105	47:35.0	15:21/M
9	Rachel Duff	Oxford MI	47	790	109	48:08.3	15:32/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anthony Singleton	Southfield MI	53	805	6	23:53.5	7:42/M
2	Earl Lucas	Southfield MI	53	812	38	32:18.9	10:25/M
3	Timothy Allen	Detroit MI	51	774	82	39:51.9	12:52/M
4	Michael Burry	Birmingham MI	53	808	111	48:54.4	15:47/M
5	Michael Dockeray	Warren MI	50	818	130	57:40.4	18:36/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tina Burry	Birmingham MI	52	807	27	30:18.3	9:47/M
2	Stephanie Seifert	Georgetown TX	52	711	48	33:43.2	10:53/M
3	Shannon Zalobsky	Royal Oak MI	50	712	68	37:31.5	12:06/M
4	Tina Lewandowski	Detroit MI	51	800	112	50:25.6	16:16/M
5	Christina Akoma	Macomb MI	52	707	122	53:41.1	17:19/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Coats	West Bloomfield MI	55	771	12	26:58.2	8:42/M
2	Robert Lipka	West Bloomfield MI	58	856	15	27:53.2	9:00/M
3	Cris Mattoon	Allen Park MI	55	750	22	30:00.1	9:41/M
4	Robert Klautky	Grosse Pointe MI	58	749	73	38:20.0	12:22/M
5	Joe Johnston	Fraser MI	57	773	88	42:02.0	13:34/M
6	Mort Potter	Livonia MI	58	735	121	53:30.4	17:16/M

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#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gabriela Chantler	Commerce Township MI	55	833	53	34:30.6	11:08/M
2	Maria Connell	Warren MI	57	777	55	34:49.2	11:14/M
3	Kim Tanana	Canton MI	56	811	59	35:18.9	11:24/M
4	Deborah Kuzmanovic	Madison Heights MI	55	741	79	39:28.9	12:44/M
5	Lawanda Sims	Farmington MI	58	796	95	43:12.3	13:56/M
6	Michelle Gross	Trenton MI	59	797	106	47:44.2	15:24/M
7	Jean Vanmaele	Macomb MI	59	865	115	52:09.4	16:50/M
8	Kim Miller	Detroit MI	58	732	118	52:22.7	16:54/M
9	Lori Marchetti	Dearborn MI	58	742	120	53:29.8	17:15/M
10	Dawn Gilbert	Carleton MI	55	841	137	1:00:15.4	19:26/M
11	Lisa Rhinehart	Rochester MI	57	720	139	1:02:55.8	20:18/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sean Fitzgerald	Rochester MI	60	794	71	37:53.8	12:14/M
2	Michael Doyle	Grosse Ile MI	62	789	90	42:20.9	13:40/M
3	Roland Richardson	Eastpointe MI	61	762	97	45:09.2	14:34/M
4	Timothy Larouere	Brighton MI	64	831	142	1:03:59.9	20:39/M

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaclyn Doyle	Grosse Ile MI	62	788	17	28:25.9	9:10/M
2	Janet Caponi	Ray MI	61	760	42	32:53.2	10:37/M
3	Kathy Bosheers	Washington MI	63	816	76	38:54.1	12:33/M
4	Barbara Hoffman	Saint Clair Shores MI	60	745	107	47:44.6	15:24/M
5	Beth Feikens	West Bloomfield MI	64	767	126	57:17.1	18:29/M
6	Carin Pobur	Highland MI	62	850	128	57:18.0	18:29/M
7	Martha Sobolewski	Livonia MI	64	784	138	1:00:51.0	19:38/M
8	Heidi Miner`	Rochester MI	62	719	140	1:02:56.0	20:18/M
9	Mary Ann Krueger	Livonia MI	63	779	145	1:07:55.8	21:55/M

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Randy Miner	Rochester MI	69	721	28	30:24.0	9:48/M
2	Richard Krueger	Livonia MI	68	780	146	1:07:56.3	21:55/M

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Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tina Fitzgerald	Rochester MI	67	793	72	38:04.2	12:17/M
2	Pam Holland	Novi MI	65	806	127	57:17.6	18:29/M
3	Karen Spry	Rochester MI	65	722	141	1:02:57.1	20:18/M
4	Barbara Larouere	Brighton MI	65	832	143	1:05:58.2	21:17/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arduino Polisenena	New Baltimore MI	72	858	60	35:47.8	11:33/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jimmy Kaczanowski	Saint Clair Shores MI	77	755	110	48:25.1	15:37/M